




September 2020

Yallambee Lifestyle and Wellbeing Activity

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	<p>1</p> <p>10:00 Movers & Shakers Brain Teasers 1:30 Art/ Craft 1:30 Reflection Group 3:00 Little Shop</p>	<p>2</p> <p>10:00 Movers & Shakers Brain Teasers 1:30 Bingo 3:00 Footy Tipping</p>	<p>3</p> <p>10:00 Movers & Shakers Brain Teasers 1:30 Outdoor Activity streamed</p>	<p>4</p> <p>10:00 Movers & Shakers Brain Teasers 1:30 Current Affairs 3:00 Happy Hour</p>	<p>5</p> <p>Waratah Weekend Program</p> <p>10:15 Movers & Shakers 11:00 Walking Program 1:30 Art/ Singing/ Outdoor 2:30 Walking Program 3:00 Virtual Forest</p>	<p>6</p> <p>Fathers Day</p>
<p>7</p> <p>10:00 Movers & Shakers Brain Teasers 10:30 Virtual Little Bees 1:30 Bowls 1:30 Laurel Men's group</p>	<p>8</p> <p>10:00 Movers & Shakers Brain Teasers 1:30 Art/ Craft 3:00 Little Shop</p>	<p>9</p> <p>10:00 Movers & Shakers Brain Teasers 1:30 Bingo 3:00 Footy Tipping</p>	<p>10</p> <p>10:00 Movers & Shakers Brain Teasers 1:30 Sing a Long 1:30 Catholic service streamed</p>	<p>11</p> <p>10:00 Movers & Shakers Brain Teasers 1:30 Short Stories 3:00 Happy Hour</p>	<p>12</p> <p>Waratah Weekend Program</p> <p>10:15 Movers & Shakers 11:00 Walking Program 1:30 Art/ Singing/ Outdoor 2:30 Walking Program 3:00 Virtual Forest</p>	<p>13</p> <p>Waratah Weekend Program</p> <p>10:15 Movers & Shakers 11:00 Walking Program 1:30 Art/ Singing/ Outdoor 2:30 Walking Program 3:00 Virtual Forest</p>
<p>14</p> <p>10:00 Movers & Shakers Brain Teasers 10:30 Virtual Little Bees 1:30 Bowls</p>	<p>15</p> <p>10:00 Movers & Shakers Brain Teasers 1:30 Art/ Craft 1:30 Reflection Group 3:00 Little Shop</p>	<p>16</p> <p>10:00 Movers & Shakers Brain Teasers 1:30 Bingo 3:00 Footy Tipping</p>	<p>17</p> <p>10:00 Movers & Shakers Brain Teasers 1:30 Outdoor Activity streamed</p>	<p>18</p> <p>10:00 Movers & Shakers Brain Teasers 1:30 Current Affairs 3:00 Happy Hour</p>	<p>19</p> <p>Waratah Weekend Program</p> <p>10:15 Movers & Shakers 11:00 Walking Program 1:30 Art/ Singing/ Outdoor 2:30 Walking Program 3:00 Virtual Forest</p>	<p>20</p> <p>Waratah Weekend Program</p> <p>10:15 Movers & Shakers 11:00 Walking Program 1:30 Art/ Singing/ Outdoor 2:30 Walking Program 3:00 Virtual Forest</p>
<p>21</p> <p>10:00 Movers & Shakers Brain Teasers 10:30 Virtual Little Bees 1:30 Bowls 1:30 Laurel Men's group</p>	<p>22</p> <p>10:00 Movers & Shakers Brain Teasers 1:30 Art/ Craft 3:00 Little Shop</p>	<p>23</p> <p>10:00 Movers & Shakers Brain Teasers 1:30 Bingo 3:00 Footy Tipping</p>	<p>24</p> <p>10:00 Movers & Shakers Brain Teasers 1:30 Sing a Long 1:30 Catholic service streamed</p>	<p>25</p> <p>10:00 Movers & Shakers Brain Teasers 1:30 Short Stories 3:00 Happy Hour</p>	<p>26</p> <p>Waratah Weekend Program</p> <p>10:15 Movers & Shakers 11:00 Walking Program 1:30 Art/ Singing/ Outdoor 2:30 Walking Program 3:00 Virtual Forest</p>	<p>27</p> <p>Waratah Weekend Program</p> <p>10:15 Movers & Shakers 11:00 Walking Program 1:30 Art/ Singing/ Outdoor 2:30 Walking Program 3:00 Virtual Forest</p>
<p>28</p> <p>10:00 Movers & Shakers Brain Teasers 10:30 Virtual Little Bees 1:30 Bowls</p>	<p>29</p> <p>10:00 Movers & Shakers Brain Teasers 1:30 Art/ Craft 1:30 Reflection Group 3:00 Little Shop</p>	<p>30</p> <p>10:00 Movers & Shakers Brain Teasers 1:30 Bingo 3:00 Footy Tipping</p>			<p>Location Key</p> <p>Activities located in each house or as directed and are subject to change.</p>	