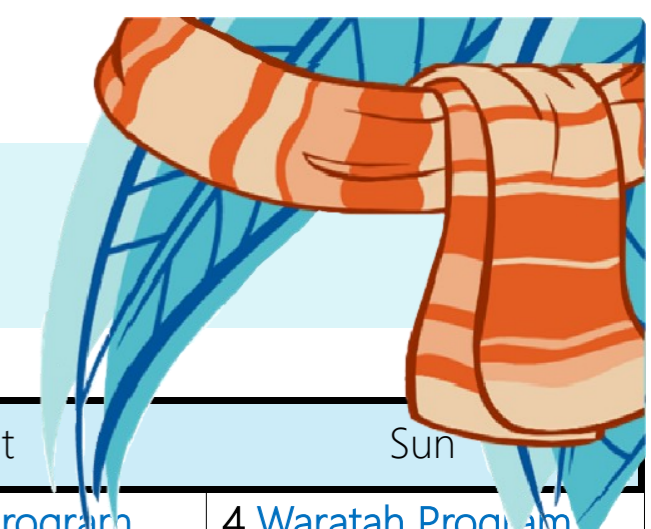


# July 2021

## Yallambee Lifestyle and Wellbeing Activity Calendar



Mon	Tue	Wed	Thu	Fri	Sat	Sun
<p><b>TOKYO 2021</b></p>			<p>1 10:15 Movers &amp; Shakers H 10:45 Brain Teasers H 1:30 Singing with Tess G</p>	<p>2 10:15 Friendship Fridays G' 10:45 Anglican Service G 1:30 1 on 1s H 2:30 Happy Hour A</p>	<p>3 <b>Waratah Program</b> 10:00 Movers &amp; Shakers 11:00 Walking Program 1:30 Art/ Singing/ Outdoor 2:30 Walking Program 3:00 Virtual Forest</p>	<p>4 <b>Waratah Program</b> 10:00 Movers &amp; Shakers 11:00 Walking Program 1:30 Art/ Singing/ Outdoor 2:30 Walking Program 3:00 Virtual Forest</p>
<p>5 10:15 Movers &amp; Shakers H 10:45 Brain Teasers H 1:30 Carpet Bowls G</p>	<p>6 10:15 Movers &amp; Shakers H 10:45 Brain Teasers H 1:30 NAIDOC Craft G 3:00 Little Shop CBD</p>	<p>7 10:15 Golf and Walking Group / Movers &amp; Shakers/G 1:30 Bingo G</p>	<p>8 10:15 Movers &amp; Shakers H 10:45 Brain Teasers H 1:30 Active Games G</p>	<p>9 10:15 Friendship Fridays G 2:30 Happy Hour A 1:30 NAIDOC Short Stories and Poems G 1:30 Mystery Drive F</p>	<p>10 <b>Waratah Program</b> 10:00 Movers &amp; Shakers 11:00 Walking Program 1:30 Art/ Singing/ Outdoor 2:30 Walking Program 3:00 Virtual Forest</p>	<p>11 <b>Waratah Program</b> 10:00 Movers &amp; Shakers 11:00 Walking Program 1:30 Art/ Singing/ Outdoor 2:30 Walking Program 3:00 Virtual Forest</p>
<p>12 10:15 Movers &amp; Shakers H 10:45 Brain Teasers H 1:30 Carpet Bowls G</p>	<p>13 10:15 Movers &amp; Shakers H 10:45 Brain Teasers H 11:30 Luncheon Bowls L 1:30 Board Games G 3:00 Little Shop CBD</p>	<p>14 10:15 Golf and Walking Group / Movers &amp; Shakers/G 1:30 Bingo G</p>	<p>15 10:15 Movers &amp; Shakers H 10:45 Brain Teasers H 1:30 Sing a long G</p>	<p>16 10:15 Friendship Fridays G 1:30 1 on 1s H 1:30 Casino Game G 2:30 Happy Hour A</p>	<p>17 <b>Waratah Program</b> 10:00 Movers &amp; Shakers 11:00 Walking Program 1:30 Art/ Singing/ Outdoor 2:30 Walking Program 3:00 Virtual Forest</p>	<p>18 <b>Waratah Program</b> 10:00 Movers &amp; Shakers 11:00 Walking Program 1:30 Art/ Singing/ Outdoor 2:30 Walking Program 3:00 Virtual Forest</p>
<p>19 10:15 Movers &amp; Shakers H 10:45 Brain Teasers H 1:30 Carpet Bowls G</p>	<p>20 10:15 Movers &amp; Shakers H 10:45 Brain Teasers H 10:45 Catholic Mass G 1:00 Midvalley Shopping F 1:30 Olympics Craft G 3:00 Little Shop CBD</p>	<p>21 10:15 Golf and Walking Group / Movers &amp; Shakers/G 10:45 Uniting Church L 1:30 Bingo G</p>	<p>22 10:15 Movers &amp; Shakers H 10:45 Brain Teasers H 1:30 Active Games G 2:30 Residents Meeting G</p>	<p>23 10:15 Friendship Fridays G 1:30 Mystery Drive F 1:30 1 on 1s H 2:30 Happy Hour A</p>	<p>24 <b>Waratah Program</b> 10:00 Movers &amp; Shakers 11:00 Walking Program 1:30 Art/ Singing/ Outdoor 2:30 Walking Program 3:00 Virtual Forest</p>	<p>25 <b>Waratah Program</b> 10:00 Movers &amp; Shakers 11:00 Walking Program 1:30 Art/ Singing/ Outdoor 2:30 Walking Program 3:00 Virtual Forest</p>
<p>26 10:15 Movers &amp; Shakers H 10:45 Brain Teasers H 1:30 Carpet Bowls G</p>	<p>27 10:15 Movers &amp; Shakers H 10:45 Brain Teasers H 11:00 Men's Luncheon F 1:30 Board Games G 3:00 Little Shop CBD</p>	<p>28 10:15 Golf and Walking Group / Movers &amp; Shakers/G 10:45 Ecumenical Church G 1:30 Bingo G</p>	<p>29 10:15 Movers &amp; Shakers H 10:45 Brain Teasers H 1:30 Olympic Games G</p>	<p>30 10:15 Friendship Fridays G' 1:30 Singing with Tess CBD 2:30 Happy Hour A</p>	<p>31 <b>Waratah Program</b> 10:00 Movers &amp; Shakers 11:00 Walking Program 1:30 Art/ Singing/ Outdoor 2:30 Walking Program 3:00 Virtual Forest</p>	<p><b>Location Key</b> H - Houses G - Grevillia Lounge A - Atrium Lounge L - Laurel Lounge CBD - Central Area F - Foyer</p>